## NATIONAL SEMINAR ON ARBITRATION AND STRESS MANAGEMENT FOR DISTRICT JUDICIARY [P-1333]

## 4<sup>th</sup> – 5<sup>th</sup> March, 2023 National Judicial Academy, Bhopal

Academic Coordinators – Dr. Amit Mehrotra, & Dr. Sumit Bhattacharya

## TENTATIVE PROGRAMME SCHEDULE

DAY-1: 04.03.2023	SESSION DETAIL		
(Saturday)			
10:00 AM – 11:30 AM	SESSION 1  Fundamentals and Scheme of Arbitration: Setting the Context		
(11:15 AM-11:30 AM) Open Session Discussions (Q&A)	<ul> <li>Proposed scope of discussion includes:</li> <li>Tracing the History of Arbitration in India</li> <li>Highlights of Arbitration and Conciliation Act, 1996 (Arbitration Act) in light of recent amendments and landmark judgments.</li> <li>Timely conduct of proceedings, completion of written submissions and relaxation of time limits in light of Section 23(4) and 29A of the Arbitration and Conciliation Act, 1996.</li> <li>Speakers</li> </ul>		
	Justice M. Sundar		
	Justice Rajeev Ranjan Prasad		
11:30 AM - 12:00 PM	Tea Break		
12:00 PM - 1:30 PM	SESSION 2		
	Bottlenecks in implementation of Arbitration regime in Subordinate Courts		
	Proposed scope of discussion includes:		
(1:15 PM-1:30 PM) Open SessionDiscussions (Q&A)	<ul> <li>Extent of intervention by courts: Setting the boundaries.</li> <li>Confidentiality in arbitration in light of Section 42A of Arbitration Act.</li> <li>Juxtaposition and interaction of powers between the court and arbitral tribunal.</li> <li>Challenges in recognition and enforcement of foreign arbitral awards in India.</li> <li>Scope of Injunction Relief under Sec.9 of the Arbitration Act.</li> <li>Identifying problems in judicial process viz., delay in arbitration and lack of consistency injudicial decisions on arbitration and decisions taken by arbitral authorities</li> </ul>		
	Speakers		
	Justice Manmohan Justice Senthilkumar Ramamoorthy		
1:30 PM - 02:30 PM	Lunch		

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	CECCION 2				
	SESSION 3 Strengthening Arbitration and its Enforcement				
	in India				
	Proposed scope of discussion includes:				
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	Role of Subordinate Courts in making domestic arbitral institutions a "good arbitral institutions".				
	• Arbitrators' jurisdiction to rule on their own jurisdiction (Arbitration Tribunals via				
	à-vis Jurisdiction as Preliminary Issue)				
	Doctrine of Separability & Kompetenz- Kompetenz				
	• Independence of the arbitration agreement				
	• Interplay between Sec.(s) 16 & 34 of the Arbitration Act				
	Speakers				
	Justice Senthilkumar Ramamoorthy				
	,	Mr. Ramakrishnan			
4:00 PM		Tea Break			
DAY-2: 05.03.2023	SESSION DETAIL				
(Sunday)			<del></del>		
(ic differently)		SESSION 4	[		
10:00 AM - 11:30 AM	Maintaining the Balance: Judicial Stress and Wellness				
	Proposed Scope of discussion includes:				
	Bench and Occupational Stress				
	Attitudinal differences and Biases				
	• Interpersonal isolation: Withdrawal from society and community involvement				
(11:15 AM- 11:30 AM) Open SessionDiscussions (Q&A)	Mindfulness: Staying focused & on task     Adopting to shapes. Psychogogical adjustments.				
	<ul> <li>Adapting to change – Psychosocial adjustments.</li> <li>Stress Management - Relaxation Techniques</li> </ul>				
	Stress Management - Relaxation Techniques				
	Speakers				
	Dr. Harish Shetty				
	Dr. Hartsh Sherry  Dr. Samindara Sawant				
11:30 AM – 12:00 PM	Tea Break				
		SESSION 5			
12.00 DM 1.20 DM					
12:00 PM – 1:30 PM	Life Beyond Dias: Judicial Stress and Wellness				
	Proposed Scope of discussion includes:				
	Impact on Personal & Professional sphere <i>viz.</i> health issues     Unwanted thoughts and amotional reactions.				
	Unwanted thoughts and	• Unwanted thoughts and emotional reactions.			
		Speakers			
	Dr. Harish Shetty				
		Dr. Samindara S			
1:15 PM – 1:30 PM					
1:30 PM	Program Audit & Feed Forward				
1.50 F WI	Lunch & Departure				
	Administrati				
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